



## **Interim Therapeutic Restorations**

## Quick-Steps Reference Sheet

- 1. Assessment
  - a. Check with probe, take photos, x-rays, consult dentist via teledentistry
- 2. Isolate
- 3. Protect the Pulp (following are options/examples)
  - Silver Diamine Fluoride
    - Arrests decay
  - o Desensitizer (ex: Gluma, Microprime)
  - o Calcium Hydroxide (ex: Dycal, Multical)
    - Stimulates reparative dentin
- 4. Matrix Placement (if necessary)
  - a. Band is sealed
- 5. Place Material (following are options/examples)
  - Zinc Oxide Eugenol (ex: IRM)
    - soothing obtundent
  - Glass Ionomer (ex: Fuji, Equia Forte)
    - Fluoride containing to reduce risk of decay
  - Other temporary filling material (ex: Fermit, Cavit)
- 6. Adjust
  - a. Check margins should be sealed
  - b. Check contact should be closed but passes floss
  - c. Check occlusion should be no articulating paper marks
- 7. Reappoint patient