

Nursing Skills

- Accurately gather information in a systematic manner in order to determine the health-related needs
 - Assessed patient status (conditions) and notify physicians of clinical changes
 - Assigned to provide patient care for 10 patients in area 2
 - Assist patients in the rehabilitation process
 - Calculate and administer medications
 - Catheter, IV, and suctioning training
 - Comfort the dying and support the families of those who are ill
 - Educate patients/families on health care needs, conditions, options etc
 - Educated patients for home care and discharge planning
 - Teach procedures and health practices to patients and families
 - Implement patient care for up to 12 patients per section
 - Interact with departments regarding patient care
 - Maintained sterile fields and application of dressings
 - Medical terminology and medication administration skills
 - Monitored and maintained patient charts and confidential files
 - Operated and maintained monitors of bio-medical equipment
 - Performed clinical tasks according to hospital policies
 - Readily develop rapport with patients and families, staff and physicians
 - Remain calm and professional during times of critical need
 - Scheduled and implemented patient admissions and discharges
 - Strong analytical skills easily assess conditions and implement appropriate intervention for up to ____ patients per section
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- Utilized critical thinking skills to the nursing process: assessed conditions, demonstrated effective decision making, implemented appropriate interventions, anticipated potential complications, and evaluated care outcomes
 - Prioritized care for patients utilizing a written organization/time management method
 - Educated patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques
 - Administered and documented scheduled and PRN medications safely utilizing the five rights
 - Initiated and maintained IV pumps, tubing, flushes, and IV medications
 - Used Epic and Meditech to accurately document, chart, and obtain information
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- Maintain a good rapport with special needs children and their families
 - Provide pre- and post operative nursing care for 8-10 adult and geriatric patients with musculoskeletal injuries and conditions including lumbar laminectomies and anterior/posterior cervical discectomies.
 - Educate patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques.
 - Administer oral and intramuscular and subcutaneous medications.
 - Recommended and implemented changes to the Medical unit regarding assignment delegation and prioritization, resulting in a higher standard of patient care, and reassessed/revised plan of care.

- Provided direct patient care to pre- and post-operative orthopedic patients.
- Safely administered medications, and educate patients and their families on the proper use of braces, prosthetics, and orthopedic equipment with a focus on safety and pain management techniques.
- Collaborated effectively with an interdisciplinary team of medical and health care professionals comprised of a physician, nurse manager, dietician, social worker, case manager, and physical therapist.
- Precepted staff nurses in areas of patient care, policies, and procedures with demonstrated leadership skills.
- Performed neurological testing to check patients for Homan's Sign.
- Reviewed computerized laboratory test results following post dialysis, colonoscopies, ERCP, and surgeries.
- Provided a broad range of general nursing care services in areas of vital signs, EKG, phlebotomy, catheters, feeding tubes, IV and central lines.
- Prioritized and delegated assignments, contributing to a higher standard of patient care and staff retention.
- Monitored patients' PPT/INR levels to identify the need for anticoagulant therapy, and for potential side effects of medications demonstrating strong observation, assessment, and intervention skills.

CLINICAL ROTATION EXPERIENCE

Medical/Surgical I, Bethesda North, Cincinnati, Ohio

Orthopedic/ Neurological, Children's Hospital Medical Center, Cincinnati, Ohio

Ohio Psychiatric, University Hospital, Cincinnati, Ohio

Nursing Management, Good Samaritan Hospital, Cincinnati, Ohio

Responsibilities:

- List duties / accomplishments here
- List duties / accomplishments here
- List duties / accomplishments here

Certifications and Proficiencies:

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|-----------------------|---------------------|----------------------------|
| • Ventilator care | • Med/Surg | • Care plan administration |
| • Telemetry | • ICU and CCU | • NG/Sump and Peg tubes |
| • Intravenous therapy | • ER Procedures | • Patient/family education |
| • Phlebotomy | • Tripple lumen CVP | • Training and inservice |
| • Basic life support | • AV fistuals | • Meditech documentation |

PROFILE:

- Advocate for patients rights; strive to understand a patient's needs and concerns.
- Hardworking and energetic; flexible; adapt easily to change of environment and work schedule.
- Maintain critical thinking skills essential to providing competent and dignified patient care.
- Personable with a positive attitude; interface well with patients, families, and nursing staff.
- Team leader with able to create a positive working environment that uplifts patients' spirits
- Plan holistic care to enhance, modify and support the health patterns of client systems in various environmental contexts
- Utilize critical thinking and communication skills while working as part of a multidisciplinary team in various environmental contexts
- Perform therapeutic nursing interventions
- Address health patterns of diverse clients in providing outcome-oriented comprehensive nursing care
- Educate clients in health promotion, maintenance, restoration and palliation within a framework of community-focused professional practice

SUMMARY STATEMENT: Experience working in health care. Registered Nursing student at the University of Cincinnati Blue Ash. Caring, hard working individual who has supervisory and leadership experience.

OBJECTIVE:

To work in a challenging position in a busy hospital where my medical professional and practical experience will be fully utilized.

OR Registered Nurse seeking a position within a progressive medical health center.

Possible groups:

Patient care

Operative recovery

Patient education

Charting

Information from http://www.lpn-to-rn.net/articles/nursing_resume.php

Highlight Your Educational and Licensure Qualifications

In addition to including the details of your nursing degree (school name, when you graduated, your degree), you should mention any academic honors, grants, scholarships, or fellowships awarded during the course of your studies.

If you are a newer nursing graduate or have limited nursing experience, a list of related courses and clinical rotations will provide detail of your medical knowledge to prospective employers. Graduates who completed their degree with an impressive grade point average should highlight this fact by including their GPA in the Educational section of their resume.

All nurses who have completed the process to get licensed will need to provide details of their license(s) in this section. Include the state(s) in which you are licensed and the date that your license went in effect. Since your employer will ask for a copy of your license once you are made an offer, you do not include your licensing number on your resume.

Emphasize Your Nursing Expertise and Key Skills

A quick 10-second scan of your resume should reveal important keywords that summarize your nursing experience and give managers an overview of your qualifications. The most effective way to do this is to incorporate a section of your resume dedicated to nursing expertise and key skills. Include a bulleted list of your nursing specializations (such as pediatrics, cardiology, oncology) and any pertinent nursing skills, such as JCAHO standards/compliance or medication administration, that will enhance your resume presentation.

Entry-level nurses and nurses with limited experience should include this section in their resume, highlighting those areas and schools acquired from schooling, clinical rotations, and nursing mentorships.

Detail Your Nursing Experience

Since most managers hire nurses based on their previous experience in (or knowledge of if you are a new nurse) a particular area of nursing, employers need to know the details of your nursing experience.

If you are an entry-level nurse just out of school or a nurse with limited work experience, you should detail any clinical rotations, mentorships, or other unpaid work you were involved in during your schooling.

Demonstrate You're a Top Performer

Employers love to hire top performers. Your resume will be more memorable and better received if you can detail specific contributions you made to each of your previous employers. What have you done that was above and beyond your basic responsibilities? How have you helped make a positive impact on your patients and their families, your co-workers, your employer, or even your community?

Consider your possible involvement in:

- Committees or review boards
- Patient or family health education
- Mentorship programs
- Training of coworkers on advanced topics of interest to nursing
- The launch of a new facility or program
- Community health screens
- Outside education

The more details you can provide about your involvement in the medical community and your accomplishments, the better job you will do at impressing your value as a team member to potential employers.

Medical Assistant Duties...

Performed urinalysis
Assisted with cystoscopy and prostate biopsies
Demonstrated sterile technique for cleaning and maintaining equipment
Conducted patient education
Demonstrated time management with daily patient schedule
Performed catheterization and bladder ultrasounds
Prepared sterile trays for vasectomies, prostate biopsies, and cystoscopies
Performed phlebotomy
Assisted with pap smears and colonoscopies

Coordinated patient check-in and set-up
Maintained inventory supply
Stocked patient rooms
Evaluated insurance eligibility for procedures
Phoned in prescriptions

CNAs

CNAs provide direct patient care, both medical and non-medical. They are typically supervised by registered nurses and often assist LPN nurses in a hospital setting. A CNA's work duties may include:

- Take vital signs
 - Help with some medical procedures
 - Assist patients entering or leaving their beds
 - Assist patients walking
 - Tidy patient's rooms
 - Answer call lights
 - Make beds
 - Deliver messages
 - Monitoring patients and reporting changes
 - Collecting samples for testing
 - Provide patient hygiene
 - Feeding patients
 - Monitoring food and liquid input/output
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- Reporting any health issues to the supervising nurse.
 - Taking care of a resident's personal hygiene, including bed bath, shaving, nail care etc.
 - Toileting residents.
 - Emptying catheter bags.
 - Monitoring vital signs including temperature, pulse, respiration and blood pressure.
 - Setting up of meal trays, and documenting food / fluid intake.
 - Feeding residents.
 - Serving nutritional supplements.
 - Making beds.
 - Keeping the residents space clean and tidy.
 - Bringing the resident to the therapy area.
 - Turning bed ridden residents to prevent bedsores.

LPNs

Licensed practical and licensed vocational nurses (known as LPNs or LVNs, depending on the state in which they work) provide basic medical care. They work under the direction of registered nurses and doctors.

- Monitor patients' health—for example, by checking their blood pressure
- Administer basic nursing care, including changing bandages and inserting catheters
- Provide for the basic comfort of patients, such as helping them bathe or dress
- Discuss health care with patients and listen to their concerns
- Report patients' status to registered nurses and doctors
- Keep records on patients' health

Duties of LPNs and LVNs vary, depending on their work setting. For example, they may teach family members how to care for a relative; help to deliver, care for, and feed infants; collect samples for testing and do routine laboratory tests; or feed patients who need help eating.

Because medical care is regulated, LPNs and LVNs may be limited to doing certain tasks, depending on their state. In some states, for example, LPNs with proper training can give medication or start intravenous (IV) drips, while in other states they cannot. State regulations govern the extent to which LPNs and LVNs must be directly supervised; for example, an LPN may provide certain forms of care only with instructions from a registered nurse.