

## UCBA Wellness Flow Chart

**Q1:** Does the student show signs of potential threat or harm to self or others and require **IMMEDIATE** response?

<b>YES</b>	<b>NO</b>
<ol style="list-style-type: none"> <li>1. Contact EMS/Security: 911 or 513-556-1111 (visit Muntz 134)</li> <li>2. Complete <a href="#">CARE Report</a></li> <li>3. Notify <a href="#">UCBA Wellness</a> that you have completed a CARE Report</li> </ol>	<i>Review next question</i>

**Q2:** Is the student in immediate distress and/or displaying odd behavior that appears to be mentally Impaired or unusual? Does the situation require **IMMEDIATE** response or outreach to the student?

<b>YES</b>	<b>NO</b>
<ol style="list-style-type: none"> <li>1. Contact CAPS 24/7 phone to report: 513-556-0648</li> <li>2. Complete <a href="#">CARE Report</a></li> <li>3. Notify Jim Dugar that you have completed a CARE Report and contacted CAPS</li> </ol>	<i>Review next question</i>

**Q3:** Does the student appear to be in mild to moderate distress but does not need immediate response? If yes, review opportunities below.

<b>REQUEST A WELLNESS CHECK*</b>	<b>SHARE RESOURCES WITH STUDENTS</b>
Contact <a href="#">UCBA Wellness</a> or complete <a href="#">referral form</a> . A staff member will reach out to the student within 24 hours to connect and offer resources.	Review the information below about Counseling and Social Services offered; copy/paste the pertinent information and share directly with student.
<b>WARM DROP OFF</b>	
If the student indicates interest in meeting with a counselor or coordinator for social services, feel free to make an in-person introduction and warm drop-off for the student to schedule an appointment. <ul style="list-style-type: none"> <li>• Counselor: Jim Dugar's office (Muntz 112KC)</li> <li>• Coordinator for Social Services: Emily Chu Nguyen's office (Muntz 112KA)</li> </ul>	

**Q4:** Does the student need additional academic support due to quarantining and/or missed classes? If yes, review opportunities below.

<b>REQUEST A WELLNESS CHECK*</b>	<b>SHARE RESOURCES WITH STUDENTS</b>
Contact <a href="#">Emily Chu Nguyen</a> . Emily will reach out to the student within 48 hours to connect and offer resources.	<a href="#">Academic Support Labs</a> <a href="#">Academic Advising</a> <a href="#">Accessibility Resources</a> <a href="#">Library Resources</a>
<b>STUDENT SELF-REFERRAL</b>	
Have student complete <a href="#">self-referral form</a> . A staff member will reach out to the student within 48 hours to connect and offer resources.	

### Wellness Checks\*

A member of the UCBA Wellness Team (Jim Dugar, Emily Chu Nguyen, Sarah Wolfe, and Hannah Thompson) will reach out to referred student via phone and email within 24 hours (during business hours) to assess the student's needs, conduct a risk assessment, and provide appropriate resources. If there is an emergency, refer to questions 1 and 2 and contact CAPS 24/7 phone to report: 513-556-0648 and/or contact EMS/Security to report: 911 or 531-556-1111 (Muntz 134).

### **How to schedule a UCBA Counseling Appointment**

Some students find it helpful to talk to someone about their stressors. You can schedule a free appointment with the UC Blue Ash therapist if this would be helpful. Make an appointment by following the steps below:

- Call UC CAPS at 513-556-0648.
- Indicate that you are a UCBA student, and you'd like to schedule with Jim Dugar.
- UC CAPS will schedule your initial 40-minute in-person, video, or phone appointment.
- UC CAPS will provide an email with instructions for completing pre-appointment paperwork, and how to connect to your appointment.
  - Make sure you complete the pre-appointment paperwork prior to your counseling meeting.

### **How to get connected to Coordinator for Social Services and Wellness Awareness**

Students needing additional support and resources to address barriers interfering with academic success might benefit from a referral to Social Services and Wellness. Get connected to Emily Chu Nguyen by following the steps below:

- Complete Social Services and Wellness Awareness [Referral form](#)
- Call: 513- 558-9014
- Email: [chungunt@ucmail.uc.edu](mailto:chungunt@ucmail.uc.edu)
- Office Hours: Mon. & Thu. 9-5PM; Wed. 10-2PM
- Office Location: Muntz Hall 112 KA
- Walks-Ins Welcome